



**Anis Mekhail, M.D., M.S.**  
*Adult & Pediatric  
Spine Surgery*

**EDUCATIONAL BACKGROUND**

**RESIDENCY**

University of Illinois at Chicago  
Department of Orthopaedic Surgery  
1997 – 2002  
Chicago, Illinois

**FELLOWSHIP**

Spine Surgery (Trained in both the Orthopaedic and the Neurosurgical approaches to spine care)  
Cleveland Clinic Foundation  
2002 – 2003  
Cleveland, Ohio

**BOARD CERTIFICATION**

American Board of Orthopaedic Surgeons

**SOCIETY MEMBERSHIPS**

- American Academy of Orthopaedic Surgeons
- North American Spine Society
- Scoliosis Research Society
- Orthopaedic Trauma Association
- Egyptian Orthopaedic Association

**ACADEMIC POSITION**

Clinical Assistant Professor at University of Illinois at Chicago

**APPROACH TO TREATING PATIENTS**

As an experienced Orthopaedic Spine Surgeon who is committed to clinical excellence, Dr. Mekhail believes that quality care is driven not only by the clinical skill of the physician but also by listening to the patient's needs, having open communication, establishing a relationship with the patient, presenting treatment options to the patient and involving him / her in the treatment plan.

**CONSERVATIVE / NON-SURGICAL**

Conservative / non-surgical treatment options are often the first step on the road to recovery following diagnosis. Conservative treatment options include, among other things, exercise, weight loss, pain control, and epidural injections.

Dr. Mekhail and his team of practitioners have extensive experience in minimally invasive surgery and advanced rehabilitation techniques. This team of professionals is dedicated to providing the best possible care to help return our patients to work and play and to recapture a better quality of life.

Dr. Mekhail believes in a multi-disciplinary approach to patient care, especially in patients with work injuries. Communication among treating medical professionals, case managers and adjusters fosters optimized patient care with an efficient return to pre-injury level of function.

**WORK RELATED INJURIES**

The goal of the spine team is to get patients back to work and pain free as quickly as possible. Dr. Mekhail and his team have extensive experience treating the injured worker while providing high quality, timely and cost effective care. They currently treat a large volume of injured workers from a variety of industries in the Chicagoland area.

Timely communication of a patient's medical condition and work status is given high priority. The transcribed appointment notes are faxed to the adjuster, RN case manager and / or employer within 24 – 48 hours of the patient's appointment. At each appointment the injured worker is given an updated work status form indicating treatment, medications and recommended testing as well as current and anticipated dates for returning to work.

Our physical therapy technicians have advanced training in work related injuries. Our therapists work directly with the doctor enabling us to provide programs which are tailored to each individual.

**SPECIAL INTERESTS**

Dr. Mekhail has a special interest in minimally invasive spine surgery, scoliosis, osteoporosis, tumors, and reconstructive spine surgery for adults and children.



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